

# WEEKLY DIARY

WEEK 39 (15 JULY - 19 JULY)



## SPORTS FIXTURES



## NOTABLE EVENTS

**Monday—Thursday**

**Duke of Edinburgh Gold Practise Expedition**

**Wednesday**

**Students Finish at 12.40**

**Tutor/Mentor Consultation Afternoon  
Years 7-10 & 12**

**Friday**

**Students Finish for the End of Term (12.40pm)**

# SPORTS RESULTS ( 8 JULY – 12 JULY)

## SCHOOL MENU

### WEEK 1

WEEK COMMENCING  
 6/11/2023 27/11/2023 18/12/2023 08/01/2024 29/01/2024 19/02/2024 V - Vegetarian  
 11/03/2024 01/04/2024 22/04/2024 13/05/2024 03/06/2024 VE - Vegan  
 24/06/2024 15/07/2024

Cucina

### CLASSIC HOT & HEARTY

#### CLASSIC MAIN MEALS

##### MONDAY

Beef & Tomato Ragout with Wholegrain Pasta & House Salad

##### TUESDAY

Kung Pao Chicken, Wholegrain & White Egg Fried Rice with Carrot & Sesame Salad

##### WEDNESDAY

Glazed British Roast Gammon, Crisp Roasties, Roasted Roots & Gravy

##### THURSDAY

Authentic Chicken Biryani with Tomato, Red Onion & Coriander Salad

##### FRIDAY

Chip Shop 'Friday', Fish, Pizza or Fishcake with Chips, Peas & Tartare Sauce

#### VEGETARIAN MAIN MEALS

##### MONDAY

Plant Based Ragout with Wholegrain Pasta & House Salad (VE)

##### TUESDAY

Asian Vegetable, Soya Bean & noodle Stir Fry with Carrot & Sesame Salad (V)

##### WEDNESDAY

Baked Macaroni in our Cheesy Sauce with a Crunchy Topping (V)

##### THURSDAY

Authentic Vegetable Biryani with Tomato, Red onion & Coriander Salad(VE)

##### FRIDAY

Jamaican Squash Pasty, Sweet Chilli Sauce & Chunky Chips (VE)

#### DESSERTS

##### MONDAY

Mixed Berry & Apple Crumble with Cream

##### TUESDAY

American Style Pancake Bar with Fruit Toppings

##### WEDNESDAY

Pineapple Upside Down Pudding with Vanilla Custard

##### THURSDAY

Banoffee Bread & Butter Pudding with Custard

##### FRIDAY

Manager's Special

FRUIT & YOGHURT POTS AVAILABLE DAILY

**HOMEMADE SOUP & FRESHLY BAKED BREAD**  
Available Daily

**JACKET POTATOES**  
Topped with a Choice of: Cheese, Tuna or Beans Available Daily



##### MONDAY

Buffalo Cauliflower Wings on Salt & Pepper Wedges (V)

##### TUESDAY

Greek Souvlaki Chicken

##### WEDNESDAY

Korean Crispy Fried Chicken

##### THURSDAY

Mei Coreng Indonesian Fried Noodles (V)

##### FRIDAY

Manager's Special

### NATURALLY



##### MONDAY

Moroccan Cous Cous & Falafel Bowl (V)

##### TUESDAY

Vegan Bean & Jalapeno Burrito (VE)

##### WEDNESDAY

Spiced Paneer & Red Onion Naan (V)

##### THURSDAY

The Big Plant Burger (VE)

##### FRIDAY

Vegan Singapore Noodles (VE)

## TRATTORIA



##### MONDAY

Tomato & Basil Pasta

##### TUESDAY

Manager's Special Pasta

##### WEDNESDAY

Mozzarella & Tomato Pizza Or Spicy Sausage Pizza

##### THURSDAY

Manager's Special Pasta

##### FRIDAY

Mozzarella & Tomato Pizza Or Piri Piri Chicken Pizza

Our Vegetarian and Vegan recipes are approved by the Vegetarian Society.

