


Year: 11 Subject: Core PE	Curriculum Intent: Through the Head, Heart and Hands concept curriculum, learners will use sport and exercise as a vehicle to develop an array of skills that can help them within sporting contexts and crucially in the wider world. Learners will use key concept skills that they have been developing in Years 7- 9 to begin to focus on three particular areas: Leadership, Competitive and Analysis. Rather than demonstrating their ability in the designated sports and activity timetable of Year 7-9, student are provided with a specific location for each half term. This allows learners to work with their teacher to select and apply which sport or activities are performed each lesson so that each student has more of a say in how they can best demonstrate their learnt skills through the Year 7-9 curriculum.					
	Term 1		Term 2		Term 3	
Topic Titles	Heart & Hands	Head & Heart	Head & Hands	Head & Heart	Heart & Hands	Head & Hands
Key concepts	<p>Leadership Understanding the importance & qualities of a leader, within sport and beyond. Developing the ability to lead peers within a variety of sport & exercise contexts.</p> <p>Competitive Taking a positive approach to competition. Understanding and applying the principles of competition, such as fair play, respect, winning and losing with grace and maturity.</p>	<p>Analysis Understand the importance of analysis in sport, exercise & beyond. Developing evaluative skills to be able to use a variety of techniques to analyse performance and identify strengths and areas for improvement.</p> <p>Leadership Understanding the importance & qualities of a leader, within sport and beyond. Developing the ability to lead peers within a variety of sport & exercise contexts.</p>	<p>Analysis Understand the importance of analysis in sport, exercise & beyond. Developing evaluative skills to be able to use a variety of techniques to analyse performance and identify strengths and areas for improvement.</p> <p>Competitive Taking a positive approach to competition. Understanding and applying the principles of competition, such as fair play, respect, winning and losing with grace and maturity.</p>	<p>Analysis Understand the importance of analysis in sport, exercise & beyond. Developing evaluative skills to be able to use a variety of techniques to analyse performance and identify strengths and areas for improvement.</p> <p>Leadership Understanding the importance & qualities of a leader, within sport and beyond. Developing the ability to lead peers within a variety of sport & exercise contexts.</p>	<p>Leadership Understanding the importance & qualities of a leader, within sport and beyond. Developing the ability to lead peers within a variety of sport & exercise contexts.</p> <p>Competitive Taking a positive approach to competition. Understanding and applying the principles of competition, such as fair play, respect, winning and losing with grace and maturity.</p>	<p>Analysis Understand the importance of analysis in sport, exercise & beyond. Developing evaluative skills to be able to use a variety of techniques to analyse performance and identify strengths and areas for improvement.</p> <p>Competitive Taking a positive approach to competition. Understanding and applying the principles of competition, such as fair play, respect, winning and losing with grace and maturity.</p>
Learning vehicles	<p>Lesson Locations Field Astro Sports Hall Gym</p>	<p>Lesson Locations Field Astro Sports Hall Gym</p>	<p>Lesson Locations Field Astro Sports Hall Gym</p>	<p>Lesson Locations Field Astro Sports Hall Gym</p>	<p>Lesson Locations Field Astro Sports Hall Gym</p>	<p>Lesson Locations Field Astro Sports Hall Gym</p>

	Hard Courts	Hard Courts	Hard Courts	Hard Courts	Hard Courts	Hard Courts
Assessment	<p>Grade 7-9 I have a secure knowledge and understanding of the qualities of an effective leader both within sport and beyond. I have the confidence to lead large groups of my peers in a wide variety of roles (e.g. skills coach, fitness coach, official/referee). I can coach and officiate my peers effectively in most sporting contexts.</p> <p>I have a positive attitude towards competition across all sporting contexts, not just those I enjoy. When competing, I do so within the rules and spirit of fair play. I see losing as a learning experience and strive to better myself as a result.</p>	<p>Grade 7-9 Using a wide range of analysis techniques, I can confidently evaluate performance across most sporting contexts. A result of this, is that I can make sound judgements in terms of strengths and areas to improve within performance. I have sound knowledge of the importance of performance analysis in sport and the wider world.</p> <p>I have a secure knowledge and understanding of the qualities of an effective leader both within sport and beyond. I have the confidence to lead large groups of my peers in a wide variety of roles (e.g. skills coach, fitness coach, official/referee). I can coach and officiate my peers effectively in most sporting contexts.</p>	<p>Grade 7-9 Using a wide range of analysis techniques, I can confidently evaluate performance across most sporting contexts. A result of this, is that I can make sound judgements in terms of strengths and areas to improve within performance. I have sound knowledge of the importance of performance analysis in sport and the wider world.</p> <p>I have a positive attitude towards competition across all sporting contexts, not just those I enjoy. When competing, I do so within the rules and spirit of fair play. I see losing as a learning experience and strive to better myself as a result.</p>	<p>Grade 7-9 Using a wide range of analysis techniques, I can confidently evaluate performance across most sporting contexts. A result of this, is that I can make sound judgements in terms of strengths and areas to improve within performance. I have sound knowledge of the importance of performance analysis in sport and the wider world.</p> <p>I have a secure knowledge and understanding of the qualities of an effective leader both within sport and beyond. I have the confidence to lead large groups of my peers in a wide variety of roles (e.g. skills coach, fitness coach, official/referee). I can coach and officiate my peers effectively in most sporting contexts.</p>	<p>Grade 7-9 I have a secure knowledge and understanding of the qualities of an effective leader both within sport and beyond. I have the confidence to lead large groups of my peers in a wide variety of roles (e.g. skills coach, fitness coach, official/referee). I can coach and officiate my peers effectively in most sporting contexts.</p> <p>I have a positive attitude towards competition across all sporting contexts, not just those I enjoy. When competing, I do so within the rules and spirit of fair play. I see losing as a learning experience and strive to better myself as a result.</p>	<p>Grade 7-9 Using a wide range of analysis techniques, I can confidently evaluate performance across most sporting contexts. A result of this, is that I can make sound judgements in terms of strengths and areas to improve within performance. I have sound knowledge of the importance of performance analysis in sport and the wider world.</p> <p>I have a positive attitude towards competition across all sporting contexts, not just those I enjoy. When competing, I do so within the rules and spirit of fair play. I see losing as a learning experience and strive to better myself as a result.</p>
	<p>Grade 4-6 I have a good knowledge and understanding of the qualities of an effective leader both within sport and beyond. I have the confidence to lead groups of my peers in a some roles (e.g. skills coach, fitness coach, official/referee). I can</p>	<p>Grade 4-6 Using multiple analysis techniques, I can confidently evaluate performance across some sporting contexts. I can make good judgements in terms of strengths and areas to improve within performance. I have good knowledge of the</p>	<p>Grade 4-6 Using multiple analysis techniques, I can confidently evaluate performance across some sporting contexts. I can make good judgements in terms of strengths and areas to improve within performance. I have good knowledge of the</p>	<p>Grade 4-6 Using multiple analysis techniques, I can confidently evaluate performance across some sporting contexts. I can make good judgements in terms of strengths and areas to improve within performance. I have good knowledge of the</p>	<p>Grade 4-6 I have a good knowledge and understanding of the qualities of an effective leader both within sport and beyond. I have the confidence to lead groups of my peers in a some roles (e.g. skills coach, fitness</p>	<p>Grade 4-6 Using multiple analysis techniques, I can confidently evaluate performance across some sporting contexts. I can make good judgements in terms of strengths and areas to improve within performance. I have good knowledge of the</p>

	<p>coach and officiate my peers effectively in sporting contexts where I am more confident than others.</p> <p>I have a positive attitude towards competition across most sporting contexts, I understand different types/formats of competition within different sporting contexts. When competing, I do so within the rules and spirit of fair play. I handle losing well and win with humility.</p>	<p>importance of performance analysis in sport and the wider world.</p> <p>I have a good knowledge and understanding of the qualities of an effective leader both within sport and beyond. I have the confidence to lead groups of my peers in a some roles (e.g. skills coach, fitness coach, official/referee). I can coach and officiate my peers effectively in sporting contexts where I am more confident than others.</p>	<p>importance of performance analysis in sport and the wider world.</p> <p>I have a positive attitude towards competition across most sporting contexts, I understand different types/formats of competition within different sporting contexts. When competing, I do so within the rules and spirit of fair play. I handle losing well and win with humility.</p>	<p>importance of performance analysis in sport and the wider world.</p> <p>I have a good knowledge and understanding of the qualities of an effective leader both within sport and beyond. I have the confidence to lead groups of my peers in a some roles (e.g. skills coach, fitness coach, official/referee). I can coach and officiate my peers effectively in sporting contexts where I am more confident than others.</p>	<p>coach, official/referee). I can coach and officiate my peers effectively in sporting contexts where I am more confident than others.</p> <p>I have a positive attitude towards competition across most sporting contexts, I understand different types/formats of competition within different sporting contexts. When competing, I do so within the rules and spirit of fair play. I handle losing well and win with humility.</p>	<p>importance of performance analysis in sport and the wider world.</p> <p>I have a positive attitude towards competition across most sporting contexts, I understand different types/formats of competition within different sporting contexts. When competing, I do so within the rules and spirit of fair play. I handle losing well and win with humility.</p>
	<p>Grade 1-3 I am developing my knowledge and understanding of the qualities of an effective leader both within sport and beyond. I am developing my confidence to lead small groups of my peers in some roles (e.g. skills coach, fitness coach, official/referee). I can coach and officiate my peers effectively in some sporting contexts by applying basic knowledge and understanding of rules and/or coaching points.</p> <p>I am developing a positive attitude</p>	<p>Grade 1-3 Using basic analysis techniques, I can evaluate performance across some sporting contexts. I can make appropriate judgements in terms of strengths and areas to improve within performance but this is not consistent across all contexts. I am developing my knowledge of the importance of performance analysis in sport and the wider world.</p> <p>I am developing my knowledge and understanding of the qualities of an effective leader both within sport</p>	<p>Grade 1-3 Using basic analysis techniques, I can evaluate performance across some sporting contexts. I can make appropriate judgements in terms of strengths and areas to improve within performance but this is not consistent across all contexts. I am developing my knowledge of the importance of performance analysis in sport and the wider world.</p> <p>I am developing a positive attitude towards competition across most sporting</p>	<p>Grade 1-3 Using basic analysis techniques, I can evaluate performance across some sporting contexts. I can make appropriate judgements in terms of strengths and areas to improve within performance but this is not consistent across all contexts. I am developing my knowledge of the importance of performance analysis in sport and the wider world.</p> <p>I am developing my knowledge and understanding of the qualities of an effective</p>	<p>Grade 1-3 I am developing my knowledge and understanding of the qualities of an effective leader both within sport and beyond. I am developing my confidence to lead small groups of my peers in some roles (e.g. skills coach, fitness coach, official/referee). I can coach and officiate my peers effectively in some sporting contexts by applying basic knowledge and understanding of rules and/or coaching points.</p>	<p>Grade 1-3 Using basic analysis techniques, I can evaluate performance across some sporting contexts. I can make appropriate judgements in terms of strengths and areas to improve within performance but this is not consistent across all contexts. I am developing my knowledge of the importance of performance analysis in sport and the wider world.</p> <p>I am developing a positive attitude towards competition across most sporting</p>

	<p>towards competition across most sporting contexts, When competing, I do so within the rules and spirit of fair play most of the time. I am developing my understanding of the importance to win with humility and lose with grace but sometimes struggle to act accordingly.</p>	<p>and beyond. I am developing my confidence to lead small groups of my peers in some roles (e.g. skills coach, fitness coach, official/referee). I can coach and officiate my peers effectively in some sporting contexts by applying basic knowledge and understanding of rules and/or coaching points.</p>	<p>contexts, When competing, I do so within the rules and spirit of fair play most of the time. I am developing my understanding of the importance to win with humility and lose with grace but sometimes struggle to act accordingly.</p>	<p>leader both within sport and beyond. I am developing my confidence to lead small groups of my peers in some roles (e.g. skills coach, fitness coach, official/referee). I can coach and officiate my peers effectively in some sporting contexts by applying basic knowledge and understanding of rules and/or coaching points.</p>	<p>I am developing a positive attitude towards competition across most sporting contexts, When competing, I do so within the rules and spirit of fair play most of the time. I am developing my understanding of the importance to win with humility and lose with grace but sometimes struggle to act accordingly.</p>	<p>contexts, When competing, I do so within the rules and spirit of fair play most of the time. I am developing my understanding of the importance to win with humility and lose with grace but sometimes struggle to act accordingly.</p>
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