Year: 9

Subject: Core PE

Curriculum Intent: Through the Head, Heart and Hands concept curriculum, learners will use sport and exercise as a vehicle to develop an array of skills that can help them within sporting contexts and crucially in the wider world. Learners will use key concept skills that they have been developing in Years 7 and 8 to begin to develop more advanced ones in Year 9. Learners will use acquired knowledge and understanding, together with their developing ability to provide high-quality feedback, to be able to conduct accurate and detailed performance analysis. Furthermore, learners will use their resilience and leadership skills to develop their ability to communicate, either when leading or when within a group/team setting. In Year 9, learners will have the opportunity to apply tactics and strategy to more competitive environments and will develop their 'competitive spirit', playing sport with integrity and fair play. Across this year, specific attention will be paid to ensuring that learners understand how key concepts are vital to success, not just in sporting contexts, but also in the wider world, such as other subject areas or in the work place, later in life.



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	Term 1		Term 2		Term 3	
Topic Titles	Head & Hands	Heart & Head	Hands & Heart	Head & Hands	Heart & Head	Hands & Heart
	Analysis Understand the importance of analysis in sport, exercise & beyond. Developing evaluative skills to be able to use a variety of techniques to analyse performance and identify strengths and areas for improvement.	Communication Understand the importance of communication in sport, exercise & beyond. Developing the ability to communicate effectively across a wide range of sporting contexts.	Competitive Taking a positive approach to competition. Understanding and applying the principles of competition, such as fair play, respect, winning and losing with grace and maturity.	Analysis Understand the importance of analysis in sport, exercise & beyond. Developing evaluative skills to be able to use a variety of techniques to analyse performance and identify strengths and areas for improvement.	Communication Understand the importance of communication in sport, exercise & beyond. Developing the ability to communicate effectively across a wide range of sporting contexts.	Competitive Taking a positive approach to competition. Understanding and applying the principles of competition, such as fair play, respect, winning and losing with grace and maturity.
Key concepts	Competitive Taking a positive approach to competition. Understanding and applying the principles of competition, such as fair play, respect, winning and losing with grace and maturity.	Analysis Understand the importance of analysis in sport, exercise & beyond. Developing evaluative skills to be able to use a variety of techniques to analyse performance and identify strengths and areas for improvement.	Communication Understand the importance of communication in sport, exercise & beyond. Developing the ability to communicate effectively across a wide range of sporting contexts.	Competitive Taking a positive approach to competition. Understanding and applying the principles of competition, such as fair play, respect, winning and losing with grace and maturity.	Analysis Understand the importance of analysis in sport, exercise & beyond. Developing evaluative skills to be able to use a variety of techniques to analyse performance and identify strengths and areas for improvement.	Communication Understand the importance of communication in sport, exercise & beyond. Developing the ability to communicate effectively across a wide range of sporting contexts.

Learning vehicles	Boys Indoor: Basketball, Handball Outdoor: Football, Hockey Girls Indoor: Trampolining, Basketball Outdoor: Netball	Boys Indoor: Table Tennis, Handball, Basketball Outdoor: Football, Rugby Girls Indoor: Basketball, Handball Outdoor: End ball games	Boys Indoor: Table Tennis, Handball Outdoor: Rugby, Hockey Girls Indoor: Handball, Trampolining Outdoor: Football	All Students: Fitness/Running lessons.	Boys Indoor: Cricket, Tennis Outdoor: Athletics Girls Indoor: Rounders Outdoor: Athletics	Boys Indoor: Cricket, Tennis Outdoor: Athletics/Softball Girls Indoor: Cricket Outdoor: Athletics/Rounders
Assessment	Grade 7-9 Using a wide range of analysis techniques, I can confidently evaluate performance across most sporting contexts. A result of this, is that I can make sound judgements in terms of strengths and areas to improve within performance. I have sound knowledge of the importance of performance analysis in sport and the wider world. I have a positive attitude towards competition across all sporting contexts, not just those I enjoy. When competing, I do so within the rules and spirit of fair play. I see losing as a learning experience and strive to better myself as a result.	I have a secure understanding of how to communicate effectively with others to achieve success in sport & beyond. I can communicate effectively with peers, using advanced, sports specific terminology across most sporting contexts. I also understand the importance of listening to others respectfully. Using a wide range of analysis techniques, I can confidently evaluate performance across most sporting contexts. A result of this, is that I can make sound judgements in terms of strengths and areas to improve within performance. I have sound knowledge of the importance of performance analysis in sport and the wider world.	I have a positive attitude towards competition across all sporting contexts, not just those I enjoy. When competing, I do so within the rules and spirit of fair play. I see losing as a learning experience and strive to better myself as a result. I have a secure understanding of how to communicate effectively with others to achieve success in sport & beyond. I can communicate effectively with peers, using advanced, sports specific terminology across most sporting contexts. I also understand the importance of listening to others respectfully.	Grade 7-9 Using a wide range of analysis techniques, I can confidently evaluate performance across most sporting contexts. A result of this, is that I can make sound judgements in terms of strengths and areas to improve within performance. I have sound knowledge of the importance of performance analysis in sport and the wider world. I have a positive attitude towards competition across all sporting contexts, not just those I enjoy. When competing, I do so within the rules and spirit of fair play. I see losing as a learning experience and strive to better myself as a result.	I have a secure understanding of how to communicate effectively with others to achieve success in sport & beyond. I can communicate effectively with peers, using advanced, sports specific terminology across most sporting contexts. I also understand the importance of listening to others respectfully. Using a wide range of analysis techniques, I can confidently evaluate performance across most sporting contexts. A result of this, is that I can make sound judgements in terms of strengths and areas to improve within performance. I have sound knowledge of the importance of performance analysis	I have a positive attitude towards competition across all sporting contexts, not just those I enjoy. When competing, I do so within the rules and spirit of fair play. I see losing as a learning experience and strive to better myself as a result. I have a secure understanding of how to communicate effectively with others to achieve success in sport & beyond. I can communicate effectively with peers, using advanced, sports specific terminology across most sporting contexts. I also understand the importance of listening to others respectfully.

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					in sport and the wider world.	
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I	Grade 4-6	Grade 4-6	Grade 4-6	Grade 4-6	Grade 4-6	Grade 4-6
	Using multiple analysis techniques, I can confidently evaluate performance across some sporting contexts. I can make good judgements in terms of strengths and areas to improve within performance. I have good knowledge of the	I have a good understanding of how to communicate effectively with others to achieve success in sport & beyond. I can communicate effectively with peers, using some advanced, sports specific terminology across	I have a positive attitude towards competition across most sporting contexts, I understand different types/formats of competition within different sporting contexts. When competing, I do so within the rules and	Using multiple analysis techniques, I can confidently evaluate performance across some sporting contexts. I can make good judgements in terms of strengths and areas to improve within performance. I have good knowledge of the	I have a good understanding of how to communicate effectively with others to achieve success in sport & beyond. I can communicate effectively with peers, using some advanced, sports specific terminology	I have a positive attitude towards competition across most sporting contexts, I understand different types/formats of competition within different sporting contexts. When competing, I do so within the rules and
	importance of performance analysis in sport and the wider world. I have a positive attitude towards competition across most sporting contexts, I understand different types/formats of competition within different sporting contexts. When competing, I do so within the rules and spirit of fair play. I handle losing well and win with humility.	many sporting contexts. Using multiple analysis techniques, I can confidently evaluate performance across some sporting contexts. I can make good judgements in terms of strengths and areas to improve within performance. I have good knowledge of the importance of performance analysis in sport and the wider world.	spirit of fair play. I handle losing well and win with humility. I have a good understanding of how to communicate effectively with others to achieve success in sport & beyond. I can communicate effectively with peers, using some advanced, sports specific terminology across many sporting contexts.	importance of performance analysis in sport and the wider world. I have a positive attitude towards competition across most sporting contexts, I understand different types/formats of competition within different sporting contexts. When competing, I do so within the rules and spirit of fair play. I handle losing well and win with humility.	across many sporting contexts. Using multiple analysis techniques, I can confidently evaluate performance across some sporting contexts. I can make good judgements in terms of strengths and areas to improve within performance. I have good knowledge of the importance of performance analysis in sport and the wider world.	spirit of fair play. I handle losing well and win with humility. I have a good understanding of how to communicate effectively with others to achieve success in sport & beyond. I can communicate effectively with peers, using some advanced, sports specific terminology across many sporting contexts.
	Grade 1-3	Grade 1-3	Grade 1-3	Grade 1-3	Grade 1-3	Grade 1-3
	Using basic analysis techniques, I can evaluate performance across some sporting contexts. I can make appropriate judgements in terms of strengths and areas to improve within performance but this is not consistent across all contexts. I	I am developing my understanding of how to communicate effectively with others to achieve success in sport & beyond.I can communicate effectively with peers, using basic sports specific terminology across a few different	I am developing a positive attitude towards competition across most sporting contexts, When competing, I do so within the rules and spirit of fair play most of the time. I am developing my understanding of the	Using basic analysis techniques, I can evaluate performance across some sporting contexts. I can make appropriate judgements in terms of strengths and areas to improve within performance but this is not consistent across	I am developing my understanding of how to communicate effectively with others to achieve success in sport & beyond.I can communicate effectively with peers, using basic sports specific terminology across a few different	I am developing a positive attitude towards competition across most sporting contexts, When competing, I do so within the rules and spirit of fair play most of the time. I am developing my understanding of the

knowledge of the struggle in areas where humility and lose with developing my struggle in areas humility and lose with importance of I am not as familiar. grace but sometimes knowledge of the where I am not as grace but sometimes performance analysis in struggle to act importance of familiar. struggle to act sport and the wider Using basic analysis accordingly. performance analysis accordingly. Using basic analysis world. techniques. I can in sport and the wider evaluate performance I am developing my world. techniques, I can I am developing my understanding of how evaluate performance understanding of how I am developing a across some sporting positive attitude contexts. I can make I am developing a across some sporting to communicate to communicate towards competition effectively with others contexts. I can make effectively with others appropriate judgements positive attitude across most sporting in terms of strengths to achieve success in towards competition appropriate to achieve success in contexts, When and areas to improve sport & beyond.I can across most sporting judgements in terms sport & beyond.I can competing, I do so within performance but communicate contexts, When of strengths and communicate within the rules and this is not consistent effectively with peers. competing, I do so areas to improve effectively with peers, within performance spirit of fair play most of across all contexts. I using basic sports within the rules and using basic sports the time. I am am developing my specific terminology spirit of fair play most but this is not specific terminology knowledge of the across a few different of the time. I am across a few different developing my consistent across all understanding of the importance of sporting contexts but developing my contexts. I am sporting contexts but importance to win with performance analysis in struggle in areas where understanding of the developing my struggle in areas where humility and lose with sport and the wider I am not as familiar. importance to win with knowledge of the I am not as familiar. grace but sometimes world. humility and lose with importance of struggle to act grace but sometimes performance analysis accordingly. struggle to act in sport and the wider accordingly. world.