


<p><b>Year: 9</b> <b>Subject: Core PE</b></p>	<p><b>Curriculum Intent:</b> Through the <b>Head</b>, <b>Heart</b> and <b>Hands</b> concept curriculum, learners will use sport and exercise as a vehicle to develop an array of skills that can help them within sporting contexts and crucially in the wider world. Learners will use key concept skills that they have been developing in Years 7 and 8 to begin to develop more advanced ones in Year 9. Learners will use acquired knowledge and understanding, together with their developing ability to provide high-quality feedback, to be able to conduct accurate and detailed performance analysis. Furthermore, learners will use their resilience and leadership skills to develop their ability to communicate, either when leading or when within a group/team setting. In Year 9, learners will have the opportunity to apply tactics and strategy to more competitive environments and will develop their ‘competitive spirit’, playing sport with integrity and fair play. Across this year, specific attention will be paid to ensuring that learners understand how key concepts are vital to success, not just in sporting contexts, but also in the wider world, such as other subject areas or in the work place, later in life.</p>					
	<b>Term 1</b>		<b>Term 2</b>		<b>Term 3</b>	
<b>Topic Titles</b>	<b>Head &amp; Hands</b>	<b>Heart &amp; Head</b>	<b>Hands &amp; Heart</b>	<b>Head &amp; Hands</b>	<b>Heart &amp; Head</b>	<b>Hands &amp; Heart</b>
<b>Key concepts</b>	<p><b>Analysis</b> Understand the importance of analysis in sport, exercise &amp; beyond. Developing evaluative skills to be able to use a variety of techniques to analyse performance and identify strengths and areas for improvement.</p> <p><b>Competitive</b> Taking a positive approach to competition. Understanding and applying the principles of competition, such as fair play, respect, winning and losing with grace and maturity.</p>	<p><b>Communication</b> Understand the importance of communication in sport, exercise &amp; beyond. Developing the ability to communicate effectively across a wide range of sporting contexts.</p> <p><b>Analysis</b> Understand the importance of analysis in sport, exercise &amp; beyond. Developing evaluative skills to be able to use a variety of techniques to analyse performance and identify strengths and areas for improvement.</p>	<p><b>Competitive</b> Taking a positive approach to competition. Understanding and applying the principles of competition, such as fair play, respect, winning and losing with grace and maturity.</p> <p><b>Communication</b> Understand the importance of communication in sport, exercise &amp; beyond. Developing the ability to communicate effectively across a wide range of sporting contexts.</p>	<p><b>Analysis</b> Understand the importance of analysis in sport, exercise &amp; beyond. Developing evaluative skills to be able to use a variety of techniques to analyse performance and identify strengths and areas for improvement.</p> <p><b>Competitive</b> Taking a positive approach to competition. Understanding and applying the principles of competition, such as fair play, respect, winning and losing with grace and maturity.</p>	<p><b>Communication</b> Understand the importance of communication in sport, exercise &amp; beyond. Developing the ability to communicate effectively across a wide range of sporting contexts.</p> <p><b>Analysis</b> Understand the importance of analysis in sport, exercise &amp; beyond. Developing evaluative skills to be able to use a variety of techniques to analyse performance and identify strengths and areas for improvement.</p>	<p><b>Competitive</b> Taking a positive approach to competition. Understanding and applying the principles of competition, such as fair play, respect, winning and losing with grace and maturity.</p> <p><b>Communication</b> Understand the importance of communication in sport, exercise &amp; beyond. Developing the ability to communicate effectively across a wide range of sporting contexts.</p>

<p><b>Learning vehicles</b></p>	<p><b>Boys</b> Indoor: Badminton, Table Tennis Outdoor: Football, Hockey</p> <p><b>Girls</b> Indoor: Girls Active, Badminton Outdoor: Netball, Handball</p>	<p><b>Boys</b> Indoor: Table Tennis, Handball Outdoor: Rugby, Hockey, Handball</p> <p><b>Girls</b> Indoor: Girls Active, Handball, Football Outdoor: Netball, Touch Rugby</p>	<p><b>Boys</b> Indoor: Badminton, Basketball Outdoor: Football, Rugby</p> <p><b>Girls</b> Indoor: Handball, Badminton, Fitness Outdoor: Football</p>	<p><b>All Students:</b> Fitness/Running lessons/Basketball / Handball</p>	<p><b>Boys</b> Indoor: Cricket, Tennis Outdoor: Athletics</p> <p><b>Girls</b> Indoor: Rounders Outdoor: Athletics</p>	<p><b>Boys</b> Indoor: Cricket, Tennis Outdoor: Athletics/Softball</p> <p><b>Girls</b> Indoor: Cricket Outdoor: Athletics/Rounders</p>
<p><b>Assessment</b></p>	<ul style="list-style-type: none"> <li>Using <b>basic</b> analysis techniques, evaluate performance across <b>some</b> sporting contexts. (Analysis)</li> <li>Make judgements in terms of strengths and areas to improve within performance which is accurate in <b>some</b> situations but inaccurate in a <b>few</b> others (Analysis).</li> </ul>	<ul style="list-style-type: none"> <li>Using <b>multiple</b> analysis techniques, evaluate performance across <b>most</b> sporting contexts. (Analysis)</li> <li>Make judgements in terms of strengths and areas to improve within performance which is accurate in <b>most</b> situations but inaccurate in a <b>few</b> others (Analysis).</li> </ul>	<ul style="list-style-type: none"> <li>Using <b>a wide range</b> of analysis techniques, evaluate performance across <b>all</b> sporting contexts. (Analysis)</li> <li>Make <b>sound</b> judgements in terms of strengths and areas to improve within performance which is accurate in <b>all</b> situations (Analysis).</li> </ul>			
	<ul style="list-style-type: none"> <li>Demonstrate a positive attitude towards competition across <b>some</b> sporting contexts. When competing, I <b>sometimes</b> play within the rules and spirit of fair play most of the time. (Competitive)</li> <li>Develop my understanding of the importance to win with humility and lose with grace, but I <b>sometimes</b> struggle to act accordingly. (Competitive).</li> </ul>	<ul style="list-style-type: none"> <li>Demonstrate a positive attitude towards competition across <b>a range of</b> sporting contexts. When competing, I play within the rules and spirit of fair play <b>most of the time</b>. (Competitive)</li> <li>I can demonstrate my understanding of the importance to win with humility and lose with grace, and I act accordingly <b>most of the time</b>. (Competitive).</li> </ul>	<ul style="list-style-type: none"> <li>Demonstrate a positive attitude towards competition across <b>a wide range of</b> sporting contexts. When competing, I play within the rules and spirit of fair play <b>all the time</b>. (Competitive)</li> <li>I can demonstrate my understanding of the importance to win with humility and lose with grace, and I act accordingly <b>all of the time</b>. (Competitive).</li> </ul>			

	<ul style="list-style-type: none"> <li>Show <b>consistent</b> levels of responsibility and organisation of their PE kit and is <b>familiar</b> with the routines associated with PE (Denbigh PE Values).</li> </ul>	<ul style="list-style-type: none"> <li>Demonstrate knowledge and understanding of <b>many</b> different ways to communicate effectively. I can use sport specific terminology within <b>some</b> sporting situations (Communication).</li> <li>Demonstrate <b>communication</b> qualities (clear voice, eye contact, body language) in <b>many</b> sporting contexts (including larger groups of peers). Learners understand the importance of listening to others respectfully in all situations(Communication).</li> </ul>	<ul style="list-style-type: none"> <li>Demonstrate knowledge and understanding of <b>all</b> different ways to communicate effectively. I can use sport specific terminology within <b>a wide range of</b> sporting situations (Communication).</li> <li>Demonstrate <b>communication</b> qualities (clear voice, eye contact, body language) in <b>most</b> sporting contexts (including larger groups of peers). Learners understand the importance of listening to others respectfully in all situations(Communication).</li> </ul>
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