

<p><b>Year: 9</b> <b>Subject: Core PE</b></p>	<p><b>Curriculum Intent:</b> Through the <b>Head</b>, <b>Heart</b> and <b>Hands</b> concept curriculum, learners will use sport and exercise as a vehicle to develop an array of skills that can help them within sporting contexts and crucially in the wider world. Learners will use key concept skills that they have been developing in Years 7 and 8 to begin to develop more advanced ones in Year 9. Learners will use acquired knowledge and understanding, together with their developing ability to provide high-quality feedback, to be able to conduct accurate and detailed performance analysis. Furthermore, learners will use their resilience and communication skills to develop their ability to use leadership, either when leading warm ups/practices or when within a group/team setting. In Year 9, learners will have the opportunity to apply tactics and strategy to more competitive environments and will develop their ‘competitive spirit’, playing sport with integrity and fair play. Across this year, specific attention will be paid to ensuring that learners understand how key concepts are vital to success, not just in sporting contexts, but also in the wider world, such as other subject areas or in the work place, later in life.</p>						
	<b>Term 1</b>		<b>Term 2</b>		<b>Term 3</b>		
<b>Topic Titles</b>	<b>Head &amp; Hands</b>	<b>Heart &amp; Head</b>	<b>Hands &amp; Heart</b>	<b>Head &amp; Hands</b>	<b>Heart &amp; Head</b>	<b>Hands &amp; Heart</b>	
<b>Key concepts</b>	<p><b>Analysis</b> Understand the importance of analysis in sport, exercise &amp; beyond. Developing evaluative skills to be able to use a variety of techniques to analyse performance and identify strengths and areas for improvement.</p> <p><b>Competitive</b> Taking a positive approach to competition. Understanding and applying the principles of competition, such as fair play, respect, winning and losing with grace and maturity.</p>	<p><b>Leadership</b> Understanding the importance &amp; qualities of a leader, within sport and beyond. Developing the ability to lead peers within a variety of sport &amp; exercise contexts.</p> <p><b>Analysis</b> Understand the importance of analysis in sport, exercise &amp; beyond. Developing evaluative skills to be able to use a variety of techniques to analyse performance and identify strengths and areas for improvement.</p>	<p><b>Competitive</b> Taking a positive approach to competition. Understanding and applying the principles of competition, such as fair play, respect, winning and losing with grace and maturity.</p> <p><b>Leadership</b> Understanding the importance &amp; qualities of a leader, within sport and beyond. Developing the ability to lead peers within a variety of sport &amp; exercise contexts.</p>	<p><b>Analysis</b> Understand the importance of analysis in sport, exercise &amp; beyond. Developing evaluative skills to be able to use a variety of techniques to analyse performance and identify strengths and areas for improvement.</p> <p><b>Competitive</b> Taking a positive approach to competition. Understanding and applying the principles of competition, such as fair play, respect, winning and losing with grace and maturity.</p>	<p><b>Leadership</b> Understanding the importance &amp; qualities of a leader, within sport and beyond. Developing the ability to lead peers within a variety of sport &amp; exercise contexts.</p> <p><b>Analysis</b> Understand the importance of analysis in sport, exercise &amp; beyond. Developing evaluative skills to be able to use a variety of techniques to analyse performance and identify strengths and areas for improvement.</p>	<p><b>Competitive</b> Taking a positive approach to competition. Understanding and applying the principles of competition, such as fair play, respect, winning and losing with grace and maturity.</p> <p><b>Leadership</b> Understanding the importance &amp; qualities of a leader, within sport and beyond. Developing the ability to lead peers within a variety of sport &amp; exercise contexts.</p>	

<p style="text-align: center;"><b>Learning vehicles</b></p>	<p><b>Boys</b> Indoor: Table Tennis, Basketball Outdoor: Football, Handball</p> <p><b>Girls</b> Indoor: Girls Active, Badminton Outdoor: Netball, Football</p>	<p><b>Boys</b> Indoor: Basketball, Badminton Outdoor: Rugby Football</p> <p><b>Girls</b> Indoor: Basketball, Badminton, Table tennis Outdoor: Netball, Handball</p>	<p><b>Boys</b> Indoor: Badminton, Table Tennis Outdoor: Football, Rugby, Handball</p> <p><b>Girls</b> Indoor: Basketball, Badminton, Girls Active Outdoor: Football, Handball</p>	<p><b>All Students:</b> Fitness</p>	<p><b>Boys</b> Indoor: Cricket, Tennis Outdoor: Athletics</p> <p><b>Girls</b> Indoor: Rounders Outdoor: Athletics</p>	<p><b>Boys</b> Indoor: Cricket, Tennis Outdoor: Athletics/Softball</p> <p><b>Girls</b> Indoor: Cricket Outdoor: Athletics/Rounders</p>
<p style="text-align: center;"><b>Assessment</b></p>	<ul style="list-style-type: none"> <li>Using <b>basic</b> analysis techniques, evaluate performance across <b>some</b> sporting contexts. (Analysis)</li> <li>Make judgements in terms of strengths and areas to improve within performance which is accurate in <b>some</b> situations but inaccurate in a <b>few</b> others (Analysis).</li> </ul>		<ul style="list-style-type: none"> <li>Using <b>multiple</b> analysis techniques, evaluate performance across <b>most</b> sporting contexts. (Analysis)</li> <li>Make judgements in terms of strengths and areas to improve within performance which is accurate in <b>most</b> situations but inaccurate in a <b>few</b> others (Analysis).</li> </ul>		<ul style="list-style-type: none"> <li>Using <b>a wide range</b> of analysis techniques, evaluate performance across <b>all</b> sporting contexts. (Analysis)</li> <li>Make <b>sound</b> judgements in terms of strengths and areas to improve within performance which is accurate in <b>all</b> situations (Analysis).</li> </ul>	
	<ul style="list-style-type: none"> <li>Demonstrate a positive attitude towards competition across <b>some</b> sporting contexts. When competing, I <b>sometimes</b> play within the rules and spirit of fair play most of the time. (Competitive)</li> <li>Develop my understanding of the importance to win with humility and lose with grace, but I <b>sometimes</b> struggle to act accordingly. (Competitive).</li> </ul>		<ul style="list-style-type: none"> <li>Demonstrate a positive attitude towards competition across <b>a range of</b> sporting contexts. When competing, I play within the rules and spirit of fair play <b>most of the time</b>. (Competitive)</li> <li>I can demonstrate my understanding of the importance to win with humility and lose with grace, and I act accordingly <b>most of the time</b>. (Competitive).</li> </ul>		<ul style="list-style-type: none"> <li>Demonstrate a positive attitude towards competition across <b>a wide range of</b> sporting contexts. When competing, I play within the rules and spirit of fair play <b>all the time</b>. (Competitive)</li> <li>I can demonstrate my understanding of the importance to win with humility and lose with grace, and I act accordingly <b>all of the time</b>. (Competitive).</li> </ul>	

		<ul style="list-style-type: none"><li>• Demonstrate knowledge and understanding of <b>many</b> qualities of a good leader and is able to give examples of <b>some</b> leadership roles within sport (<b>Leadership</b>).</li><li>• Demonstrate <b>leadership</b> qualities (guidance, coaching, communication) in <b>many</b> sporting contexts (including larger groups of peers). The student might show more leadership <b>confidence in some contexts</b> when compared to others and is able to adapt their leadership in <b>some</b> situations (<b>Leadership</b>).</li></ul>	<ul style="list-style-type: none"><li>• Demonstrate knowledge and understanding of <b>many</b> qualities of a good leader and is able to give examples of <b>some</b> leadership roles within sport (<b>Leadership</b>).</li><li>• Demonstrate <b>leadership</b> qualities (guidance, coaching, communication) in <b>many</b> sporting contexts (including larger groups of peers). The student might show more leadership <b>confidence in some contexts</b> when compared to others and is able to adapt their leadership in <b>some</b> situations (<b>Leadership</b>).</li></ul>
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