

## Headteacher's Bulletin – 27 March 2026

Dear Parent/Carer,

I hope this bulletin finds you well. We have reached the end of the spring term. Although it has been short, it has been jam packed with many moments to celebrate and reflect on.

### Eid event

Denbigh celebrated Eid and the end of Ramadan on Wednesday evening with parents and students of the sixth form. Community and good food were the theme of the evening, with presentations from Denbigh students and the MK Islamic Arts Centre, as well as a word from the Mayor of Milton Keynes, who praised our students' work and appetite for diversity and togetherness. Our guests also enjoyed a 3-course meal from Khyber Chefs and desserts donated by Cake Box and the MK Warriors Cricket Club, see attached photos, as well as henna provided by a former student. As always, it was a pleasure to see our students working together to set up the evening and being rewarded with a very successful event! Thank you to Mr Peeran, Mr Aftab, Mrs Conway and one of our governors, Mrs Jan, for running a very successful evening. I hope all those who celebrate had a brilliant Eid.



### Enrichment day

Yesterday saw the second enrichment day of the academic year and it was a great day for all involved! Thankfully the sun was shining and those on external visits had a great day in the sunshine and

students in school met with a variety of interesting visitors including a team from Silverstone museum, knowledge is power and Samuel's charity. We have our final enrichment day on the 10th July.



## Toxic Masculinity

Please check out the parent factsheet attached. It's a quick, helpful guide on toxic masculinity and online misogyny that details the kind of language and tell-tale signs of which parents should be aware. It also provides advice on how parents can tackle these issues at home. We're encouraging all our families to give it a read so parents and carers can stay informed to help us all support our students.

### PARENT/CARER FACTSHEET

## Online toxic masculinity

Learn more about the spread of misogyny online and about the rise of 'the manosphere' and 'inoel' culture. Get advice on how to tackle these issues at home.

### What do we mean by misogyny and 'the manosphere'?

**Misogyny** is when someone hates or has an aversion to women, and shows prejudice towards women. Someone might mistreat women, or believe that women are not as important or capable as men.

The **manosphere** is a group of online communities where misogynistic views are shared. These groups discuss masculinity and promote anti-feminist and sexist beliefs. The communities also discuss everyday topics such as gaming, finance and politics.

A lot of these groups use jokes and memes (pictures) to share their views, so it might not be obvious at a glance that they're spreading hateful content.

According to a recent survey, 69% of boys aged 11 to 14 have seen misogynistic content online without searching for it, and 52% of the boys surveyed had seen content from influencers linked to the manosphere.

### Other vocabulary you might hear

**Inoel** – short for involuntary celibate. This refers to a man who believes he is unable to form a romantic or sexual relationship with a woman, despite wanting to.

**Red pill/Redpilled** – those who have 'taken the red pill' have 'seen the truth' (i.e they now believe that society treats women too well, and other ideas that undermine equality and fairness between genders).

**Pickup Artists (PUA)** – people who persuade, force or trick women into having sex with them.

**The 80/20 rule** – a (fake scientific) theory that 80% of women are only attracted to the top 20% of men. This is used to blame women for men's feelings of inadequacy and rejection.

**Chad** – A boy/man who is very popular, good-looking and successful with women/girls.

**Stacey** – A girl/woman who is very popular and good-looking, and will usually only be attracted to Chads.

Not everyone uses this type of language however, so it's important to also be alert to generalisations being made about women and men. For example, statements about how all women act, or comments highlighting that women and men are different species.

Get the knowledge you need to act at [thekey.org.uk/what-is-safeguarding](https://www.thekey.org.uk/what-is-safeguarding)  
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Some emojis linked to inoel culture are:



You can view The Key's [digital dictionary](#) for a longer list of terms.

### Where might your child see this content?

Manosphere content is shared by various influencers across many different online services including:

- Social media platforms such as TikTok, YouTube and Instagram
- Podcasting platforms
- Online messaging boards such as 4Chan and Reddit
- Live streaming gaming platforms such as Twitch

Well-known influencers include Andrew Tate, Hamza Ahmed, Adin Ross and Jordan Petersen, but there are many more.

Content from misogynistic influencers will often:

- Be combined with other, less controversial material including fitness and lifestyle advice, which can help attract a wider audience
- Include step-by-step instructions on how to improve social standing
- Showcase wealth, luxurious lifestyles and expensive possessions. This makes followers think they can have the same success if they adopt the same beliefs

### How does this content affect children?

Children, and especially boys, might get involved in these online communities as it gives them a sense of self-worth, belonging and security.

They can be strongly influenced, and even radicalised, by what they see.

Manosphere content promotes ideas such as:

- Men are more important and more powerful than women
- Violence against women is acceptable

Following these beliefs can lead to violence against women and girls, such as female classmates.

This content also promotes unrealistic expectations that can lead to poor self-esteem and mental health issues. It preys on vulnerabilities of boys and young men, especially those related to feeling alone and being rejected by women and girls.

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### What can you do as parents/carers?

We're talking about online toxic masculinity in school, we cover this through our personal development curriculum.

However, children are less likely to be vulnerable to this type of content if they are having similar conversations reinforced at home.

We recommend you:

1. Read recent news articles about toxic masculinity and the most famous influencers, if you're not already familiar with them (you can find some in the 'Sources' box below).
2. Ask your child what they're getting up to online – show genuine interest, don't judge them or tell them what they should and shouldn't be doing. Children are more likely to share if they feel you're interested, rather than trying to check up on them.
3. Encourage your child to question what they see online – a child who is naturally sceptical about what they see online is less likely to be influenced by things that aren't true. Have conversations about why they trust certain influencers and how they can double-check the information they're seeing.
4. Have open discussions about toxic masculinity – don't tell your child how to think, but question their thinking and understanding. Ask if they believe some of the views being shared, such as that women "belong" to men, and how that might make the women in their lives feel, or they themselves feel.
5. Be role models – encourage your child to be open with their emotions. Show respect for women and girls, and encourage your child to model this behaviour.

#### Sources

This factsheet was produced by [The Key Safeguarding](http://The Key Safeguarding): [www.thekeysupport.com/safeguarding](http://www.thekeysupport.com/safeguarding)

- > [Parents should be aware of extremism, Met says](#), BBC News
- > [Andrew Tate lookit](#), Bold Voices
- > [How to talk to your children about Adolescence, Incest and the manosphere](#), The Independent
- > [How to talk to children about Andrew Tate and other toxic views online](#), The British Psychological Society
- > [Boys are being targeted with harmful content](#), Global Action Plan

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### Year 8 Careers Trip

Year 8 students had a fantastic opportunity to visit a Wilten Construction site in Shenley Wood, where they explored careers within the construction industry. Students learned about Health & Safety, spoke with the Site and Project Manager, and gained insight into how a project moves from initial drawings to a completed building. A big thank you to Millie Phillips and the team at Wilten Construction for organising and hosting such an insightful visit.



### Milton Keynes Debate competition

Well done to the students who represented us superbly at the MK Schools Parliamentary Debate Competition, reaching round two before narrowly missing out on qualifying for the Final. Our students showed maturity and confidence throughout the competition, which aims to build students' skills in public speaking, critical thinking and encourage respectful disagreement through Parliamentary-style debating. Our students came second in the first round, which meant they qualified for round two of the Competition where they finished third out of eight schools, narrowly missing out on qualifying for the Final.



## MK Schools Parliamentary Debate Competition

### Our Debate Team



Aspire • Innovate • Achieve • Belong

Be Engaged | Be Kind & Respectful | Do No Harm



### Headteacher and Deputy Headteacher Drop In

We have our next Headteacher and Deputy Headteacher Drop In on Wednesday 15th April from 3.30 - 4.30pm. This is a chance for parents to speak directly with myself or a Deputy Headteacher. If you would like a slot then please email my PA, Miss Pickard, on [pickards@Denbigh.net](mailto:pickards@Denbigh.net) with a brief description of the topic of conversation and she will allocate you a slot. We cannot guarantee which member of staff you will be allocated.

### U13 Boys Cricket Team

Our U13 Boys Cricket Team are County Champions after a nail-biting last ball win at the Buckinghamshire Schools Indoor Cricket Championships held at the Stoke Mandeville Stadium. The boys were undefeated in the group stage with wins against Aylesbury Grammar School, John Hampden Grammar and John Colet School. They then took on Aylesbury Grammar in the Final where after batting first and setting a target of 75 runs, they bowled fantastically to win on the last ball of the game to become Bucks Schools County Champions. The success did not stop there as our Under 15 Boys Team had also qualified for these County Championships and they also played fantastically to finish first in their group stage with three wins and one loss. They also took on Aylesbury Grammar School in the Final, narrowly losing the match but becoming Bucks Schools County Runners Up. We are so proud of both teams who became MK Champions to qualify for the County Championships and then performed superbly in the County Championships against strong opposition to be crowned Bucks County Champions and Bucks County Runners Up. A member of each team also wrote a match report for us which you can read here: [U13 Boys Cricket Team are County Champions - Denbigh School - Milton Keynes](#)



### **BLMK Community and School**

Aged Immunisation Service are running the following clinics over the Easter school holidays for any teenagers who have not received their MenigitisACWY, Human Papillomavirus (HPV) or Diphtheria, Tetanus & Polio (DTP) vaccines.

Further information on these vaccines and the childhood immunisation schedule can be found on this link [NHS vaccinations and when to have them - NHS](#)

All clinics are walk-in between 10am and 2pm

- Monday 30<sup>th</sup> March – Great Denham Community Hall, 86-88 Saxon Way, Great Denham, Bedford. MK40 4GP
- Tuesday 31<sup>st</sup> March – Downside Community Centre, Suffolk Road, Dunstable, LU5 4ES
- Wednesday 1<sup>st</sup> April – The Dallow Centre, 234 Dallow Road, Luton LU1 1TB
- Thursday 2<sup>nd</sup> April – Giffard Park Community Centre, Broadway Avenue, Giffard Park, Milton Keynes, MK14 5PY
- Tuesday 7<sup>th</sup> April – Great Denham Community Hall, 86-88 Saxon Way, Great Denham, Bedford MK40 4GP
- Wednesday 8<sup>th</sup> April – Giffard Park Community Centre, Broadway Avenue, Giffard Park, Milton Keynes MK14 5PY
- Thursday 9<sup>th</sup> April – The Weatherley Centre, Eagle Farm Road, Biggleswade, SG18 8JH
- Friday 9<sup>th</sup> April – Bury Park Community Centre, 161-161B Dunstable Road, Luton, LU1 1BW

Year 8 students are scheduled to have their HPV Vaccination on the 16th April.

**Word of the week**

The word of the week after the Easter holidays is procrastinate, meaning to keep delaying something that must be done, often because it is unpleasant or boring. For example, when it comes to housework, I tend to procrastinate.

**Coming up after Easter**

All week - Year 10 PPE Exams

Monday 13th April - Students return to school

Wednesday 15th April - Headteacher/Deputy Headteacher Drop in

Thursday 16th April - Year 8 HPV immunisations

Have a great Easter Break.

Kind regards,

Mr A Steed  
Headteacher