



DENBIGH SCHOOL



# **Denbigh School**

## **Policy on Personal, Social, Health and Economic Education (PSHEE)**

**2026 – 2027**

|                                |                                                                   |
|--------------------------------|-------------------------------------------------------------------|
| Policy Name:                   | Policy on Personal, Social, Health and Economic Education (PSHEE) |
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| *Publication on website |                       |                |                       |
|-------------------------|-----------------------|----------------|-----------------------|
| Trust website           |                       | School website |                       |
| 1                       | Statutory publication | A              | Statutory publication |
| 2                       | Good practice         | B              | Good practice         |
| 3                       | Not required          | C              | Not required          |

| **Policy level |                   |                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                               |
|----------------|-------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1              | Trust wide        | Single policy relevant to everyone and consistently applied across all schools and departments, with no variation.<br>e.g. Complaints procedure                                                                                                                                        | Statutory policies approved by the Board of Trustees (or designated Trustee Committee). Non-statutory policies approved by the CEO with exception of Executive Pay.                                           |
| 2              | Trust core values | This policy defines the Trust core values in the form of a Trust statement to be incorporated fully into all other policies on this subject, that in addition contain relevant information, procedures and or processes contextualised to that school.<br>e.g. Safeguarding, Behaviour | Statements in statutory policies approved by the Board of Trustees (or designated Trustee Committee). Statements in non-statutory policies approved by the CEO.<br><br>Policy approved by Local School Board. |
| 3              | School/department | These policies/procedures are defined independently by schools as appropriate. E.g. Anti-bullying                                                                                                                                                                                      | Approved by Local School Board.                                                                                                                                                                               |

## **1. Background**

- 1.1** All schools must provide a curriculum that is broadly based, balanced and meets the needs of all students. Under section 78 of the Education Act 2002 and the Academies Act 2010, a PSHEE curriculum: 'Promotes the spiritual, moral, cultural, mental and physical development of students at the school and of society, and prepares students at the school for the opportunities, responsibilities and experiences of later life'. The Government's PSHEE education review of PSHEE Education (March 2013) stated that the subject would remain non-statutory and that no new programmes of study would be published. The DfE specified as part of its National Curriculum guidance that 'All schools should make provision for personal, social, health and economic education (PSHEE), drawing on good practice'. The review also detailed: 'PSHEE remains an important and necessary part of all students' education'.
- 1.2** The Government believes all schools should teach PSHEE, drawing on good practice, and have outlined this expectation in the introduction to the new National Curriculum (Written Ministerial Statement: Review of Personal, Social, Health and Economic education, March 2013).

## **2. Overview of PSHEE at Denbigh School**

- 2.1** Personal, social, health and economic education (PSHEE) is a planned programme of learning opportunities and experiences that help children and young people grow and develop as individuals, and contribute to social and economic communities. PSHEE is also a cross-curricular dimension of learning, which seeks to promote the personal and social development of all students. Aspects of certain cross-curricular themes, such as health education (including mental health education and issues around well being); careers education guidance and industry links; sex education; drug education; on-line safety; economic awareness, and environmental education all form part of a structured PSHEE programme. The Programme also covers elements of SMSC, British Values and building students resistance to radicalisation.
- 2.2** Personal, social, health and economic education is a part of every subject taught in the curriculum, and as such, it is the responsibility of all teachers. The co-ordination of PSHEE at Denbigh is currently the responsibility of a PHSEE Co-ordinator, overseen by an Assistant Headteacher.
- 2.3** The PSHEE Programme at Denbigh is informed by existing DfE guidance on Sex and Relationships Education (Relationships and Sexual Health Education Statutory Guidance July 2025), SRE Supplementary Guidance (Sex Education Forum/ Brook/ PSHEE Association, March 2014) Preventing and Tackling bullying (Preventing and tackling bullying: Advice for head teachers, staff and governing bodies, July 2017), Drug and Alcohol Education (DfE and ACPO drug Advice for Schools: Advice for local authorities, headteachers, school staff and governing bodies, September 2012), Safeguarding (Working Together to Safeguard Children: Sept 2016) and Equality (Equality Act 2010: Advice for school leaders, school staff, governing bodies and local authorities, revised February 2013) as well as The Prevent Duty (June 2015).

### **3. Aims and Objectives of the PSHEE Curriculum at Denbigh School**

- 3.1** PSHEE at Denbigh covers many areas, which are explored below in more depth. These include careers, health, sexual health and relationships, British values and drugs education. Within all these areas we aim to develop skills in students that enables them to contribute to Society.
- 3.2** As an outcome of the PSHEE programme we aim for students to understand and demonstrate the school values of being respectful and kind, being engaged and doing no harm as well as developing the following:
- 3.2.1** Have a sense of purpose.
  - 3.2.2** Value self and others.
  - 3.2.3** Form positive relationships.
  - 3.2.4** Make and act on informed decisions.
  - 3.2.5** Communicate effectively including being able to debate.
  - 3.2.6** Work with others.
  - 3.2.7** Respond to challenge.
  - 3.2.8** Be an active partner in their own learning.
  - 3.2.9** Be active citizens.
  - 3.2.10** Explore issues related to living in a democratic society in a responsible way.
  - 3.2.11** Become healthy and fulfilled individuals.
- 3.3.** Personal, social, health and economic education is taught in our tutorial programme. It is made up of 'Thought of the week', PSHE activities, mentoring and a news quiz, as well as themed days and planned assemblies. In Years 7 and 8, students receive one lesson per week on Personal Development which provides additional lesson time during which students focus on PSHEE content and learning skills. It permeates all aspects of school life and is mapped with SMSC across all subject areas throughout the curriculum as well as extra-curricular provision. Students' learning activities are recorded in their personal planners.
- 3.4** The role of the tutor is central to the personal and social development of the students. Tutors, supported by their Head of the Year, are responsible for overseeing the progress of students in their forms, and will establish positive, developing relationships to support students' achievements. Sixth Form students also benefit from a personal mentor through the mentoring programme.
- 3.5** PSHEE is found in all subjects. It may be seen as cross-curricular skills and qualities, such as persistence, co-operation, creativity, use of initiative, organisation of one's own work, management of time, independence of thought and action, respect for truth, etc., which may cross all subject boundaries. Other manifestations of PSHEE could be as elements of subject material, such as studying family relationships through literature; the reproductive cycle of human beings in Science; calculations of mortgage rates in Mathematics; or the study of autocracy or democracy in History. It is through learning which can be related to the student's own knowledge, experience or interest, that personal understanding is developed, and subjects are seen to be relevant.

- 3.6** Most subjects have a moral dimension, which engage students in thought and debate over personal and community-wide responsibilities. Examples of these might include the values brought into play by society in decisions made on environmental issues studied in science or geography; ethical questions arising from scientific applications; design tasks which may generate for students an understanding of the needs of the disabled, the elderly or the very young, and raise questions of society's responsibility for its members; the relationship between behaviour and beliefs in an historical context, and many more.
- 3.7** PSHEE is seen at Denbigh in opportunities for extra-curricular work in music, physical education, drama etc; in educational visits and residential experiences offered to students; in field work and in community service; and in participating in democratic processes through House and School Councils and bi-annual youth parliament votes. These provide opportunities for students to relate to each other and to adults in contexts other than the classroom, and to set themselves a wider range of challenges through this rich variety of citizenship experiences. It is also seen in the opportunities students are given to take part in clubs, participate in competition and in being members of the school, House Councils and satellite groups. Houses and the School council identify charities to support and this occurs throughout the year.
- 3.8** Further opportunities for students' personal learning are provided when the ethos of the school generates in both staff and students a feeling that they are valued and cared for, and that there are opportunities for them to contribute to and participate in school activities. Praise and encouragement help to develop self-esteem, and as such, contribute to students' personal development.

## **4. Health and Well-Being**

- 4.1** Health and Well-Being is in PSHEE sessions as well across the curriculum, particularly in Food Technology and Personal Development lessons.
- 4.2 Aim**  
To ensure that all aspects of food and nutrition in-school promotes the health and well-being of students, staff and visitors to our School.
- 4.3 Objectives**
- 4.3.1** Provide education in the curriculum that teaches about nutrition and food.
  - 4.3.2** Provide and make available healthy food and drink and promote healthier choices.
    - i. Provide easy access to free, clean and palatable drinking water.
    - ii. Promotion of hygiene in relation to all aspects of food.
  - 4.3.5** Provide food and drink to cater for different dietary regimes and free school meals.
  - 4.3.6** Provide a clean, pleasant and hygienic eating area.
  - 4.3.7** Provide healthy nutritious meals and other food and drink provision.
- 4.4 Monitoring and Evaluation of Healthy Eating**  
The Faculty Leader for Design and Technology monitors the class-based curriculum and lessons as well as keeping up to date with new developments and issues.

## **5. Drugs Education**

- 5.1** Drugs Education is included in our PSHEE sessions and in Enrichment Days covering different aspects of the issue as appropriate to the age of each year group. Throughout the Programme, the enhancement of self-esteem is considered to be very important, together with the development of skills in critical thinking, decision making and assertiveness. We work with local groups in the community, including the School Police Officer to advise on local drug concerns in order to tailor our teaching to ensure that local and national issues are covered.
- 5.2** Staff responsibilities are detailed in the School's Drugs Education and Drug Related Incidents Policy. All incidents are carefully investigated, and students are dealt with appropriately taking due consideration to all relevant factors.
- 5.3** It is our policy to support students in their growth towards responsible adulthood. This would include an ongoing dialogue about overcoming drug misuse, and the clear message that drug taking will not be tolerated in-school. The School works with local agencies like Milton Keynes Young Peoples Drug and Alcohol Service for staff training and support for young people.

## **6. Careers Education**

- 6.1** Careers Education is an essential part of Denbigh's aims to provide a broad and balanced curriculum which encourages high aspirations and ensures that equal opportunities and access to the Curriculum are provided regardless of race, gender or ability. All students in Years 7 to 13 will have access to a programme of Careers Education which will lead to a greater understanding of who they are, what they wish to become and how to achieve this.
- 6.2 Management Structure**

A Careers Lead on the SLT oversees all elements of Careers. They lead a team that includes an Independent Careers Advisor and a Careers Coordinator.
- 6.3 Whole School Issues**

Careers Education will also be addressed through the tutorial periods, Personal Development lessons, enrichment days and through work of subject areas so that students can relate their curriculum experiences to the world of work. This will be especially highlighted during our careers week.
- 6.4 Experiences of the workplace**
  - 6.4.1** Experiences of the workplace are an essential part of the Work Related Curriculum and can take place on enrichment days, on students' visits to workplaces, when listening to talks from employees and when taking part in careers-related activities as part of their educational visits. Every student in Year 10 undertakes a one-week placement and is prepared thoroughly beforehand through a programme drawn up by the Careers Leader. Data provided by both students and their employers is collated and analysed by the Careers Leader.

**6.4.2** All students in Year 12 are expected to complete GB6, 'Experiences of the workplace'. This can be in the form of a traditional week-long work experience placement or through virtual placements.

### **6.5 Careers Library**

All students have access to the Careers Library, which is situated within the ILC and open from 8.00am to 5.00pm daily. 'Unifrog', a web-based programme is available for students to access. This gives students up to date information about possible careers, university courses etc.

### **6.6 Individual Careers Guidance**

**6.6.1** A Careers Adviser provides individual independent Careers Guidance to all Year 11 students and Sixth Form students. There is a weekly drop-in session for Sixth Form students. Students from other year groups are also able to access individual guidance if they are identified by tutors, Heads of Year or Student Support Department as meeting the following criteria:

- 6.6.1.1** Special Needs.
- 6.6.1.2** Behavioural problem.
- 6.6.1.3** Patterns of non-attendance.
- 6.6.1.4** Under-achieving.
- 6.6.1.5** Demotivated.
- 6.6.1.6** Early leavers from Sixth Form courses.
- 6.6.1.7** Those who specifically request individual guidance.

**6.6.2** Guidance provided varies enormously and enables students to make informed choices about their next steps.

### **6.7 Monitoring, Review and Evaluation**

- 6.7.1** Students are encouraged to assess, record and review their learning, consequently, self-assessment is an important part of their work-related learning curriculum.
- 6.7.2** The destinations of leavers in Years 11, 12 and 13 provides further information to assess the value of the work.
- 6.7.3** Students and employers provide feedback on the Work Experience, which is collated, analysed and disseminated. This feedback enables tutors to identify areas for development.
- 6.7.4** A termly meeting is held with the Careers Hub Representative and Careers Leader to review progress against the Gatsby Benchmarks and identify areas for improvement.

## **7. British Values**

- 7.1** 'Democracy, Rule of law, Individual liberty, Mutual Respect, Tolerance of those of different faiths and beliefs'. These values are taught explicitly through Personal, Social, Health and Emotional Education (PSHEE), Citizenship and Philosophy, Religion and Ethics (PRE). We also teach British Values through assemblies, planning and delivering a broad and balanced curriculum and extra-curricular activities.

## **7.2 British Values Statement**

Democracy is an important value at our school. We believe that the voice of everyone should be heard. Students have the opportunity to have their voice heard through our House and School Councils. School and House Council representatives from each year group meet weekly to discuss issues, rules and school needs and their own objectives. Debates are held in subjects such as Citizenship, PRE and English. Students can explain that in situations where choices are offered the majority will carry the vote.

## **7.3 The Rule of Law** We believe that everyone needs to understand that all the people living in Britain are subject to laws and that rules that need to be followed both in and out of school. Students know and understand that there are consequences should these laws and rules be broken and that laws are there for our protection. The consequence system reinforces this. The reward system of shares is in place and alongside sanctions to bring about positive behaviour.

## **7.4 Individual Liberty** - Students are encouraged to make correct choices at our school knowing that they are in a safe and supportive environment. We believe that students should be empowered through the development of their self-esteem, self-knowledge and self-confidence. Students are able to show independence in learning and are encouraged to think for themselves. Students are able to exercise their rights, personal freedoms and responsibilities and are advised how to exercise these safely, for example, through our e-safety teaching/assemblies.

## **7.5 Mutual Respect** - As a 'rights respecting' school, mutual respect is at the heart of our values. Students learn that their behaviours have an effect on their own rights and those of others. All members of the school community are expected to treat each other with respect. Class discussions and debate reinforce mutual respect. Mutual respect is at the heart of PSHE, Citizenship and PRE teaching.

## **7.6 Tolerance of those of different Faiths and Beliefs** - We aim to achieve this through enhancing students' understanding of their place in a culturally diverse society and by giving students opportunities to experience diversity in our local community and through delivery of our topics in Humanities, especially PRE lessons, cultural days, and enrichment visits to religious sites.

# **8. Inclusion**

## **8.1** This Policy has given careful consideration to the six equality strands: race, gender, age, religion, disability and sexuality. This is to ensure that PSHE Education is provided in a sensitive and non-judgemental way that will enable all students, staff and the wider school community to feel valued and included in effective policy and practices.

## Appendix 1 - PHSE Curriculum

Sessions are subject to movement and this document should be viewed as a planned overview of what will be covered.

| Key Stage 3 – Year 7 PSHE 2026-2027         |                                                                |                                                                                                                                                                                                                                                                                                              |
|---------------------------------------------|----------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Term                                        | Topics                                                         | Sessions                                                                                                                                                                                                                                                                                                     |
| <b>Autumn 1</b><br><b>September-October</b> | 1. Online Safety<br>2. Personal Identity<br>3. Personal Safety | <ul style="list-style-type: none"> <li>1a – Internet safety and age restrictions</li> <li>1b – Cyberbullying and online behaviour</li> <li>2a - Black History Month and British values</li> <li>2b – British Values and Diversity</li> <li>3a – Gangs</li> </ul>                                             |
|                                             | Personal Development                                           | <ul style="list-style-type: none"> <li>Resilience</li> </ul>                                                                                                                                                                                                                                                 |
| <b>Autumn 2</b><br><b>October-December</b>  | 1. Anti-bullying<br>2. Drugs and Alcohol<br>3. Relationships   | <ul style="list-style-type: none"> <li>1a – anti-bullying week and kindness</li> <li>1b – Successful communication</li> <li>2a – Introduction to Drugs and Caffeine</li> <li>2b – Energy Drinks and Vaping</li> <li>3a – Families and Parenting</li> <li>3b – Marriage and Longterm Relationships</li> </ul> |
|                                             | Personal Development                                           | <ul style="list-style-type: none"> <li>Literacy</li> </ul>                                                                                                                                                                                                                                                   |
| <b>Spring 1</b><br><b>January-February</b>  | 1. Money and Careers<br>2. SRE<br>3. Relationships             | <ul style="list-style-type: none"> <li>1a – Introduction to Careers and Unifrog</li> <li>2a – Menstruation and attitudes</li> <li>2b – FGM and Forced Marriage</li> <li>3a – Misogyny and other Prejudice</li> </ul>                                                                                         |
|                                             | Personal Development                                           | <ul style="list-style-type: none"> <li>Technology (includes Fake news, AI, online challenges, doom-scrolling)</li> </ul>                                                                                                                                                                                     |
| <b>Spring 2</b><br><b>February-March</b>    | 1. Personal Identity<br>2. Mental Health and Physical Health   | <ul style="list-style-type: none"> <li>1a – Religious Holidays and Reflection</li> <li>2a – Mental Health and Stress</li> <li>2b – Physical Wellbeing</li> <li>2c – Staying safe: railways and water</li> </ul>                                                                                              |
|                                             | Personal Development                                           | <ul style="list-style-type: none"> <li>Communication skills: active listening, debating</li> </ul>                                                                                                                                                                                                           |
| <b>Summer 1</b><br><b>April-May</b>         | 1. Personal Safety<br>2. Careers<br>3. Revision Strategies     | <ul style="list-style-type: none"> <li>1a – Gangs and Grooming</li> <li>1b – anti-social behaviour and graffiti</li> <li>2a – future choices and options</li> <li>3a – what makes revision successful?</li> </ul>                                                                                            |
|                                             | Personal Development                                           | <ul style="list-style-type: none"> <li>Motivation</li> </ul>                                                                                                                                                                                                                                                 |
| <b>Summer 2</b><br><b>May-July</b>          | 1. Personal Safety<br>2. Reflection                            | <ul style="list-style-type: none"> <li>1a – Staying safe</li> <li>2b – Reflection of the year.</li> </ul>                                                                                                                                                                                                    |
|                                             | Personal Development                                           | <ul style="list-style-type: none"> <li>Careers</li> </ul>                                                                                                                                                                                                                                                    |

| Key Stage 3 – Year 8 PSHE 2026-2027         |                                                                            |                                                                                                                                                                                                                                                      |
|---------------------------------------------|----------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Term                                        | Topics                                                                     | Sessions                                                                                                                                                                                                                                             |
| <b>Autumn 1</b><br><b>September-October</b> | 4. Online Safety<br>5. Personal Identity<br>6. Personal Safety             | · 1a – Internet safety and online relationships<br>· 1b – Cyberbullying and the repercussions<br>· 2a – Black History Month and British values<br>· 2b – British Values and Freedom of Speech<br>· 3a – Gangs and Peer Pressure                      |
|                                             | Personal Development                                                       | · Digital Technology and empathy                                                                                                                                                                                                                     |
| <b>Autumn 2</b><br><b>October-December</b>  | 4. Anti-bullying<br>5. Drugs and Alcohol<br>6. Relationships               | · 1a – anti-bullying week and active bystanders<br>· 1b – Challenging Stereotypes and Racism<br>· 2a – Vaping and Tobacco<br>· 2b – Edibles and Gateway Drugs<br>· 3a – Healthy versus Unhealthy Relationships<br>· 3b – Dangers online and Grooming |
|                                             | Personal Development                                                       | · Law and Order                                                                                                                                                                                                                                      |
| <b>Spring 1</b><br><b>January-February</b>  | 4. Money and Careers<br>5. SRE<br>6. Relationships                         | · 1a – Job Adverts and Local Labour Market<br>· 2a – Puberty: Emotional and Physical Changes<br>· 2b – Puberty: Physical Changes and Consent<br>· 3a – Prejudices and Discrimination                                                                 |
|                                             | Personal Development                                                       | · Current affairs                                                                                                                                                                                                                                    |
| <b>Spring 2</b><br><b>February-March</b>    | 3. Personal Identity<br>4. Mental Health and Physical Health<br>5. Careers | · 1a – Religious Holidays and Reflection<br>· 2a – Mental Health and Stress<br>· 2b – Physical Wellbeing<br>· 3a – future choices and Options Process                                                                                                |
|                                             | Personal Development                                                       | · Managing money                                                                                                                                                                                                                                     |
| <b>Summer 1</b><br><b>April-May</b>         | 4. Personal Safety<br>5. Revision Strategies                               | · 1a – Gangs<br>· 1b – Staying safe: UV Rays and Public Transport<br>· 2a – what makes revision successful?                                                                                                                                          |
|                                             | Personal Development                                                       | · Literacy                                                                                                                                                                                                                                           |
| <b>Summer 2</b><br><b>May-July</b>          | 3. Personal Safety<br>4. Reflection                                        | · 1a – Staying safe: Hazards and Crime<br>· 2b – Reflection of the year.                                                                                                                                                                             |
|                                             | Personal Development                                                       | · Careers                                                                                                                                                                                                                                            |

| Key Stage 3 – Year 9 PSHE 2026-2027         |                  |                                                                                           |
|---------------------------------------------|------------------|-------------------------------------------------------------------------------------------|
| Term                                        | Topics           | Sessions                                                                                  |
| <b>Autumn 1</b><br><b>September-October</b> | 7. Online Safety | · 1a – Self Esteem Online and Grooming Risks<br>· 1b – Unhealthy Comparisons and Gambling |

|                                            |                                                              |                                                                                                                                                                                                                                                  |
|--------------------------------------------|--------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                            | 8. Personal Identity<br>9. Personal Safety and Relationships | · 2a - Black History Month and British values<br>· 2b – British Values and Tolerance<br>· 3a – ‘Sexting’ and Dealing with requests for nude images.                                                                                              |
| <b>Autumn 2</b><br><b>October-December</b> | 7. Anti-bullying<br>8. Drugs and Alcohol<br>9. Relationships | · 1a – anti-bullying week and action against prejudice<br>· 2a – Alcohol and Addiction<br>· 2b – Vaping & Supplements<br>· 3a – Build and Maintaining Healthy Relationships<br>· 3b – Working on Relationships and recognising abusive behaviour |
| <b>Spring 1</b><br><b>January-February</b> | 7. Money and Careers<br>8. SRE<br>9. Relationships           | · 1a – Why study MFL and Introduction to Work Experience<br>· 2a – Delaying Sex and Intimacy<br>· 2b – Contraception<br>· 3a – Misogyny and Misandry                                                                                             |
| <b>Spring 2</b><br><b>February-March</b>   | 6. Personal Identity<br>7. Mental Health and Physical Health | · 1a – Religious Holidays and Reflection<br>· 2a – Mental Health and Stress<br>· 2b – Physical Wellbeing                                                                                                                                         |
| <b>Summer 1</b><br><b>April-May</b>        | 6. Personal Safety<br>7. Revision Strategies                 | · 1a – Gangs: County Lines and Drug Dealing<br>· 1b – Body Modification and Harm<br>· 2a – what makes revision successful?                                                                                                                       |
| <b>Summer 2</b><br><b>May-July</b>         | 5. Careers<br>6. Personal Safety<br>7. Reflection            | · 1a – Work experience launch and Process<br>· 1b – Future Skills Questionnaire and Unifrog<br>· 1c – Choosing a placement and contacting workforces<br>· 2a – Staying safe: Hazards and Crime<br>· 3b – Reflection of the year.                 |

| <b>Key Stage 4 – Year 10 PSHE 2026-2027</b> |                                                                                |                                                                                                                                                                                                     |
|---------------------------------------------|--------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Term</b>                                 | <b>Topics</b>                                                                  | <b>Sessions</b>                                                                                                                                                                                     |
| <b>Autumn 1</b><br><b>September-October</b> | 10. Online Safety/Relationships<br>11. Personal Identity<br>12. Careers        | · 1a – Digital footprints and Profiles<br>· 1b – Sexting Drama – ‘Abi’s Story’<br>· 2a - Black History Month and British values<br>· 3a– Preparing for Work Experience and making a good impression |
| <b>Autumn 2</b><br><b>October-December</b>  | 10. Careers<br>11. Anti-bullying<br>12. Drugs and Alcohol<br>13. Relationships | · 1a – Preparing for Work Experience<br>· 2a – Anti-bullying Week<br>· 3a – Drug Classes and Class C<br>· 3b – Class B and Class A drugs<br>· 3c – Prescription Drugs and Steroids                  |

|                                            |                                                              |                                                                                                                                                                                                                  |
|--------------------------------------------|--------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                            |                                                              | <ul style="list-style-type: none"> <li>· 4a – The Truth about Pornography</li> <li>· 4b – Holding Respectful Relationships</li> </ul>                                                                            |
| <b>Spring 1</b><br><b>January-February</b> | 10. Money and Careers<br>11. SRE<br>12. Relationships        | <ul style="list-style-type: none"> <li>· 1a – Managing Money and Debt</li> <li>· 2a – Delaying Sex and Intimacy</li> <li>· 2b – Contraception and Sexual Health</li> <li>· 3a – Misogyny and Misandry</li> </ul> |
| <b>Spring 2</b><br><b>February-March</b>   | 8. Personal Identity<br>9. Mental Health and Physical Health | <ul style="list-style-type: none"> <li>· 1a – Religious Holidays and Reflection</li> <li>· 2a – Stress and Mental Illness</li> <li>· 2b – Physical Wellbeing</li> </ul>                                          |
| <b>Summer 1</b><br><b>April-May</b>        | 8. Personal Identity<br>9. Personal Safety                   | <ul style="list-style-type: none"> <li>· 1a – Cultures Day and Celebrations</li> <li>· 2a – Gangs: Alfie's Story and Gangs</li> <li>· 2b – Drug Dealing and Support</li> </ul>                                   |
| <b>Summer 2</b><br><b>May-July</b>         | 8. Personal Safety<br>9. Careers<br>10. Reflection           | <ul style="list-style-type: none"> <li>· 1a – Staying safe: UV Rays and Water</li> <li>· 2a – Sixth Form and GCSEs</li> <li>· 3a – Reflection of the year.</li> </ul>                                            |

| <b>Key Stage 4 – Year 11 PSHE 2026-2027</b> |                                                                         |                                                                                                                                                                                                                                                             |
|---------------------------------------------|-------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Term</b>                                 | <b>Topics</b>                                                           | <b>Sessions</b>                                                                                                                                                                                                                                             |
| <b>Autumn 1</b><br><b>September-October</b> | 13. Online Safety/Relationships<br>14. Personal Identity<br>15. Careers | <ul style="list-style-type: none"> <li>· 1a – Pornography</li> <li>· 1b – Laws around Nude Images</li> <li>· 2a - Black History Month and British values</li> <li>· 3a– Careers versus Jobs</li> </ul>                                                      |
| <b>Autumn 2</b><br><b>October-December</b>  | 14. Anti-bullying<br>15. Drugs and Alcohol<br>16. Relationships         | <ul style="list-style-type: none"> <li>· 1a – Dealing with rejection</li> <li>· 1b – Anti-bullying Week</li> <li>· 2a – Substance Abuse</li> <li>· 3a – Consent Refresher</li> </ul>                                                                        |
| <b>Spring 1</b><br><b>January-February</b>  | 13. Money and Careers<br>14. SRE<br>15. Relationships                   | <ul style="list-style-type: none"> <li>· 1a – LinkedIn and Sixth Form/College</li> <li>· 2a – Delaying Sex and STIs</li> <li>· 2b – Pregnancy and Fertility</li> <li>· 2c – Stalking and Sexual Harassment</li> <li>· 3a – Misogyny and Misandry</li> </ul> |
| <b>Spring 2</b><br><b>February-March</b>    | 10. Personal Identity<br>11. Mental Health and Physical Health          | <ul style="list-style-type: none"> <li>· 1a – Religious Holidays and Reflection</li> <li>· 2a – Dealing With Change</li> <li>· 2b – Physical Wellbeing</li> </ul>                                                                                           |
| <b>Summer 1</b><br><b>April-May</b>         | 10. Personal Identity<br>11. Revision Strategies                        | <ul style="list-style-type: none"> <li>· 1a – Cultures Day and Celebrations</li> <li>· 2a – Revision Strategies</li> </ul>                                                                                                                                  |

| <b>Key Stage 5 – Year 12 PSHE 2026-2027</b> |                                 |                                                                                                                        |
|---------------------------------------------|---------------------------------|------------------------------------------------------------------------------------------------------------------------|
| <b>Term</b>                                 | <b>Topics</b>                   | <b>Sessions</b>                                                                                                        |
| <b>Autumn 1</b>                             | 16. Online Safety/Relationships | <ul style="list-style-type: none"> <li>· 1a – Laws around Nude Images</li> <li>· 1b – Screen time and Sleep</li> </ul> |

|                                      |                                                                |                                                                                                                                                      |
|--------------------------------------|----------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>September-October</b>             | 17. Personal Identity                                          | · 2a - Black History Month and British values                                                                                                        |
| <b>Autumn 2<br/>October-December</b> | 17. Anti-bullying<br>18. Relationships                         | · 1a – Workplace bullying<br>· 1b – Anti-bullying Week<br>· 2a – Sexual Consent<br>· 2b – Consent and Withdrawal<br>· 2c – Alcohol and Drink Spiking |
| <b>Spring 1<br/>January-February</b> | 16. Money and Careers<br>17. SRE<br>18. Relationships          | · 1a – Budgeting<br>· 2a – Delaying Sex and Intimacy<br>· 2b – Pregnancy<br>· 2c – Sexual Harassment<br>· 3a – Misogyny and Misandry                 |
| <b>Spring 2<br/>February-March</b>   | 12. Personal Identity<br>13. Mental Health and Physical Health | · 1a – Religious Holidays and Reflection<br>· 2a – Dealing With Change<br>· 2b – Physical Wellbeing                                                  |
| <b>Summer 1<br/>April-May</b>        | 12. Revision Strategies                                        | · 1a – Revision Strategies                                                                                                                           |

| <b>Key Stage 5 – Year 13 PSHE 2026-2027</b> |                                                                |                                                                                                                       |
|---------------------------------------------|----------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|
| <b>Term</b>                                 | <b>Topics</b>                                                  | <b>Sessions</b>                                                                                                       |
| <b>Autumn 1<br/>September-October</b>       | 18. Online Safety/Relationships<br>19. Personal Identity       | · 1a – Online Personas and Laws<br>· 1b – Digital Detox<br>· 2a - Black History Month and British values              |
| <b>Autumn 2<br/>October-December</b>        | 19. Anti-bullying<br>20. Relationships                         | · 1a – Workers Rights<br>· 1b – Anti-bullying Week<br>· 2a – Sexual Consent Refresher<br>· 2b – Healthy Relationships |
| <b>Spring 1<br/>January-February</b>        | 19. Money and Careers<br>20. SRE<br>21. Relationships          | · 1a – Financial commitments<br>· 2a – Delaying Sex and Intimacy<br>· 2b – Stealthing<br>· 3a – Misogyny and Misandry |
| <b>Spring 2<br/>February-March</b>          | 14. Personal Identity<br>15. Mental Health and Physical Health | · 1a – Religious Holidays and Reflection<br>· 2a – Mindfulness                                                        |
| <b>Summer 1<br/>April-May</b>               | 13. Revision Strategies                                        | · 1a – Revision Strategies                                                                                            |